



“Neurofeedback should play a major therapeutic role in many difficult areas. In my opinion, if any medication had demonstrated such a wide spectrum of efficacy it would be universally accepted and widely used.”

—Dr. Frank H. Duffy
Professor and Pediatric Neurologist
at Harvard Medical School

Welcome...

BrainCore Therapy provides a unique drugless approach to treating Brainwave Dysregulation that may be associated with the symptoms of many neurological based conditions.

Brainwave Dysregulation is a condition that results from tension on the nervous system caused by subluxation, poor nutrition, stress, food sensitivities, drugs or trauma. The BrainCore technology and science is based on a training procedure that effectively regulates the nervous system providing proven relief of conditions associated with Brainwave Dysregulation. This brochure is designed to provide you with a description of how this therapy works and why it is a great fit for a chiropractic office.

NEUROLOGICAL BASED CONDITIONS

ADD/ADHD

Insomnia

Panic Attacks

Memory Loss

Autism

Asperger's Syndrome

Post Stroke

PTSD

Headaches

Migraines

Fibromyalgia

Traumatic Brain injury

Anxiety Disorders

Learning Disorders

And many others...

WHAT IS BRAINWAVE DYSREGULATION?

Depending upon your mental state, your brain produces 4 distinct brainwaves. Beta waves are produced when you are alert and externally focused, Alpha waves are produced when you close your eyes and relax, Theta is produced briefly when you start to fall asleep, and Delta waves occur when you are sleeping.

Scientific research has demonstrated that, for any given circumstance, there is an accepted normal pattern of brainwave activity. A healthy, balanced, and properly regulated nervous system will produce the appropriate brain waves at the appropriate levels and at the appropriate times for any given situation. However, when the nervous system becomes tense and unbalanced as a result of subluxation, poor nutrition, stress, food sensitivities,

drugs or trauma, the brain wave patterns become dysregulated resulting in many different neurological symptoms and conditions.

For example, if the brain produces high magnitudes of delta or theta, the person will likely experience attention and focus issues such as those associated with ADHD, cognitive decline, learning disorders, or symptoms related to concussion. If the brain produces higher than normal magnitudes of alpha, the person will likely experience symptoms associated with fibromyalgia such as pain, irritability or depression. If the brain produces higher than normal magnitudes of beta waves, the person will likely experience symptoms associated with generalized anxiety, panic attacks, migraine/tension headaches, chronic pain, or insomnia. These are just some of the many examples of brain wave dysregulation that can be addressed with BrainCore Neurofeedback.